



**NR NAS PENSACOLA 0182  
161 TURNER ST STEC  
HQ BLDG 624  
PENSACOLA, FL 32508-5256**

PLAN OF THE MONTH  
5-6 May 2001

THIS PLAN OF THE MONTH CONTAINS BOTH OFFICIAL AND UNOFFICIAL MATTER. ALL HANDS ARE CHARGED WITH KNOWLEDGE OF ITS CONTENTS. ALL PERSONNEL ARE REMINDED THAT THEY ARE SUBJECT TO THE UNIFORM CODE OF MILITARY JUSTICE DURING INACTIVE DUTY TRAINING PERIOD.

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**COMMANDING OFFICER:** CDR R.M. KUTCH  
**EXECUTIVE OFFICER:** CDR THOMPSON  
**ADMIN OFFICER:** LCDR LEHNERTZ  
**TRAINING OFFICER:** LCDR OLSSON  
**PROGRAM MANAGER:** AT1 McKAY  
 E-mail: mckaym@jrb.nola.navy.mil  
**COMMAND CHIEF:** ABHCS D. M. HOPKINS  
**COMMAND CAREER CONS:** ITC CHRISTY

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**UNIFORM OF THE DAY**

OFFICER/CPO: SAT: BDU/Khaki – SUN: Summer Whites  
 E-6 AND BELOW: SAT: BDU/Service Blues/Dungarees – SUN: Summer Whites

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**FREQUENTLY CALLED NUMBERS**

UNIT SPACES DURING DRILL: (850) 452-2093 (850) 452-2243 FAX: (850) 452-2243  
 RESERVE SERVICES: (504) 678-3190 FAX: 678-9516 PSD: (504) 678-3140  
 BEQ: (850) 452-7077  
 BOQ: (850) 452-2755  
 NAS NOLA DUTY OFFICE: (504) 678-3253  
 NAVAL RESERVE PAY: (800) 255-0974  
 SECURITY: (850) 452-3453 2-2653  
 SAUFLEY FIELD: (850) 452-1341  
 NAS/JRB NEW ORLEANS: (504) 678-9516 – FAX  
 NAS NOLA ORDER WRITING (504) 678-3694

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**UPCOMING DRILL DATES**  
 FY 2001 DRILL SCHEDULE  
 JUN 29-30, JUL 21-22  
 AUG 4-5, SEP 8-9

<b>NEXT PRT DATE: Saturday May 5, 2001</b>
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**SECURITY EARLY OUTS**  
 Sat –None  
 Sun – Wax/King – Cornoni/Sanders  
 Provenzano/Machovec  
**BIKE PATROL** – None  
**EVAL/FITREP COUNSELING**  
 E-4 Eval due in June.

<b>GALLEY HOURS:</b>	<b>Weekdays</b>	<b>Weekends</b>	
Breakfast	0500-0700	0700-0900	Remember to eat a balanced meal. See AK1 Clark about proper dietary practices.
Lunch	1000-1300	1030-1230	
Dinner	1600-1900	1600-1800	

## SCHEDULE OF EVENTS

Saturday 5 MAY 01	Sunday 6 MAY 01
0630 Muster/Unit <b>PRT</b> NASP Gym/AKM	0600 Muster Unit Spaces
0830 CPR Training	0630 <b>Summer Whites Inspection</b>
1100 <b>PRT Swim</b>	0730 Security Training
1130 Lunch	<b>→ 0900 Deadline for POM Notes ← ← ←</b>
1230 CPR Training Continued	1000 All Khaki Meeting
1630 Secure	1030 PBFT/Retention Team Meeting
	1100 Lunch
	1200 Security Department Training
	<b>1230 All Correspondence Signed by CO Due</b>
	1300 Billet Training
	1330 Clean Unit Spaces
	1400 Unit Muster Wrap Up Meeting
	1430 Secure

### PHYSICALS:

If 25 or older: Do not eat or drink except water, 14 hours prior to exam. No alcohol and fried food 3 days prior. Medical can nominate you for the IRR if you do not keep your physical and shots updated.

Physicals performed in August and February are done only on Sunday due to the Advancement exam. No physicals are done by Medical in October due to Medical doing their PRT.

1. **EXCUSED ABSENCES:** Excused absence requests can be approved by the CO only. If you know ahead of time that you will miss a scheduled drill, call no later than (WED) prior to drill for ET request. Have a make up date in mind.
2. **EEO/ Sexual Harassment:** Contact ABF1 Norton with any questions or complaints regarding EEO or Sexual Harassment.
3. **BEQ/BOQ PROCEDURE:** PN3 Christy Jolicoeur handles reservations or problems with berthing. Contact her with any billeting issues.
4. **CHECK YOUR PROJECTED RETIREMENT PAY EASILY!** Go to: [www.navres.navy.mil/navresfor/navair/](http://www.navres.navy.mil/navresfor/navair/) to see what your monthly projected retirement pay would be. You may be pleasantly surprised!

### 5. NOTES FROM ADMIN:

- **PRT IS THIS SATURDAY MORNING, MAY 5.** We will meet at the gym at 0630 in PT attire. It does seem like we just had one, so we should all do fine. For those choosing the swim option, (just for AK1 Clark) you will muster in PT gear at 1100 at the NATTC Pool and gym, Building 3828 (behind Stars & Strikes Bowling Center – Building 3211).
- If you are interested in becoming a Coxswain (small boat driver, for MM3 Frazer) please contact LCDR Lehnertz. We may have a chance for training and employment in this field.
- If you have ANY problems receiving the POM via e-mail, please call or e-mail LCDR Lehnertz so I can resolve your problem and get you a current POM. If you don't contact me, then it is assumed that you have no problems.

- Enlisted collar devices are required to be the sewn on style for the BDU's. Please ensure that your BDU's are up to the new uniform regulation. Let's keep these uniforms inspection ready, pressed, sleeves up, shined boots and covers blocked. We already put all other units to shame in uniform sharpness, but let's kick them while they are down.
- Those who need LCT and want to attend, there are class dates available for E-6 on 18-29 June and 23 July – 3 Aug. And also for E-5 18-29 June, 9-20 July and 20-31 August. Please see ABF1 Norton if you want to attend any of these schools.
- Please pay closer attention to on time arrivals. We run a tighter ship and are planning on shooting all tardy members.
- PN3 Jolicoeur is updating all page 2's, so be proactive and see her to get your page 2 updated and on the new computer format. Bring in any other records that you think may be problematic, reserve service will be here and PN3 Jolicoeur is also reviewing all records.
- If you read this and are first to e-mail the skipper, he will buy you lunch next drill weekend.
- AT/ADT opportunities are listed at:  
<http://www.navres.navy.mil/navresfor/data/pages/adsw.html>
- For POM inputs please give admin the file name on the LAN or a 3 ½ in. floppy disk prior to 0900 on Sunday. Also, please use (Times New Roman) regular fonts size 12 to save time.

### ***LCDR LEHNERTZ***

#### **6. NOTES FROM TRAINING:**

The following individuals have not completed their AT for FY-01:

LCDR Lehnertz	MM2 Wax	EM2 Gillman	GMG1 Pennington
PN3 Jolicoeur	SK2 Violette		

CPR/First Aid training is tentatively scheduled for May's drill weekend. So be prepared Saturday, to get down on the floor with the mannequins. It's an all day class.

Those interested in LEPS schools, please contact ABF1 Norton, so we can work out dates and schools to get those people trained who want to be trained.

There are opportunities for AT in Australia for the next couple of months. If interested, please contact ABF1 Norton or the Skipper.

### ***ABF1 NORTON***

#### **7. Notes From Chief Christy:**

If you have not brought me copies of your missing orders for retirement point capture, please do so immediately. It is your career! You will pay the price when you turn 60 if you do not have the point credit.

SK2 Violette has been designated medical liaison, contact her for all medical issues.

NR NASP 0267 is having a picnic on 23 June. Anyone interested in attending contact AMS1 Tompkins @ (850) 324-3157.

### **MEDICAL ISSUES**

According to RSTARS reports created by NAS JRB NOLA, the following discrepancies exist. If you are listed on the above list, then the following may or may not be accurate, and would be corrected when you turn in your record:

**Full Physicals:** Hopkins, Machovec, Pennington

**Short Form Physicals:** Cornoni, Crispin, Frazer, Gillman, Jolicoeur, King, McGinnis, Provenazano, Sanders, Street, Violette, Wax, Welch

*ITC Christy*

## **8. Notes From Command Senior Chief Hopkins:**

SECURITY OPS:

Start preparing for the upcoming events and operation for the remainder of the Fiscal Year. We have AT/ADT opportunities coming up that will require our support. Additional drills are still available, so if you want extra time, just ask.

May: Naval Aviation Symposium – 4 Days

June: Iwo Jima Commissioning and Ceremony - 3 Days  
BayFest – 2 Days

July: Possible Port Call by Roosevelt Battle Group – 5 Days

September: Port Call by Kennedy Battle Group – 5 Days

The Symposium is later in May, 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup>, which is a Wednesday thru Friday after drill weekend. If you are interested in extra drills please contact, Senior Chief Hopkins or ABF1 Norton.

We still have funds for extra drills, so if you are looking for some extra drill time please inform Senior Chief Hopkins, LCDR Lehnertz or the Skipper.

## **9. XO's Remarks:**

With the PRT coming up next drill weekend, I want to encourage everyone to continue his or her personal physical-fitness program. Being in good physical shape is important in many of our unit's activities. Keep up the good work!

I look forward to talking with everyone in the unit and learning about your specific duties as well as your goals in the Naval Reserve.

*XO*

#### 10. **CO's Remarks:**

This weekend was an opportunity to tie up a lot of loose ends that we tend to put off when we are operational in our support functions. Good job to all those present this weekend, a lot was accomplished. The support of the USS KAUFMAN last month went very well especially on such short notice. Thanks to all those who made it happen! Our web sight is now officially up and running thanks to Senior Chief Street our new Web Master. You can find it at [www.cnet.navy.mil/naspcola/nras/index.html](http://www.cnet.navy.mil/naspcola/nras/index.html). PRT is next month; just another chance to excel! Reserve Services is planning to visit our unit next drill weekend. Have your questions ready and any pay problems hopefully can be rectified.

This unit is doing very well from my prospective and I commend you all for your superior efforts. Thank you.

I want to wish you and your family a happy and safe Easter holiday.

Quote of the month:

*Difficulties are meant to rouse, not discourage. The human spirit is to grow by conflict.*

*William Ellery Channing*

*A smooth sea never made a skillful mariner.*

*English proverb*

CDR R.M. KUTCH